In my opinion, companies need to improve their treatment of workers. In particular, they should put more emphasis on male-female equality and work-life balance.

First, employers should make sure women have the same opportunities for promotion as men do. At most firms, there are more men in management positions, and one reason is that women are often not promoted if they take maternity leave. Employers need to make policies that give women with children equal chances of advancing in the company.

Work-life balance is another serious issue. There is often too much pressure on employees to work overtime or give up vacations, so companies need to implement rules to prevent this. For example, they could have a "no overtime day" every week.

In order to have contented, productive workers, it is important for companies to improve the way they treat female staff members and limit working hours.

(*上記はあくまでも解答例です。)