

## Listen and Speak! らくらく英検2級 II

～ 英語ができる人になる ～

### 第9回 Social relationships Script

\* はじめに \*

ようこそ “Listen and Speak! らくらく英検2級 セカンドシリーズ”へ。

この番組は英検でおなじみの、日本英語検定協会がお送りする、全ての『英語ができる人』になりたい人たちのための番組です。これから英検2級や準2級を目指す人はもちろん、さらにその上を目指して、本当に『英語ができる人』になりたいというあなたにとって必ず役に立ちますよ。後半はちょっと難しかったり、大変だったりするかもしれませんが、私、伊藤太と頼れるパートナーの Gary Scott Fine がしっかり『英語ができる人』になりたいあなたをサポートします。

Yes, this program will not only help you succeed on Eiken Tests, but it will also help you improve your English ability, especially listening and speaking. However, the real aim of this program is to help you learn more than English itself.

We are not just interested in whether you can use English, but in what you can do with English.

### Program Number 9 “Social relationships”

さて、今回のタイトル “Social relationships” は「社会的な人間関係」というような意味です。我々は趣味を通じて、あるいは様々な地域的社会的活動を通じて、他の人たちとの関わり持ち、また、持とうともしていると思います。今回は、こうした社会的な人間関係を題材に深く考えながら、本格的な英語力を養うための基礎作りにチャレンジしていきましょう。それでは、この後のヒントになるかもしれないので、まずはゲーリーと私の会話を聞いてください。

## ■Introduction

G: Hi, Futoshi. You look sleepy. Didn't you sleep well last night?

F: No.

G: Why not?

F: Because of my cat. She cries almost all the time, even at three or four in the morning, sitting by the window and looking outside. She wants to go out.

G: She's the only cat you have, right?

F: Yes, that's right. Why do you ask?

G: She's lonely. You know, I'm sure she loves you and your wife, but that's the not the same as having social relationships with other cats.

F: Hmm, that's why she is looking outside the window and crying all day. She wants us to open the window and let her go.

G: If you were in your cat's shoes, not her *nikukyu*, what would you feel?

F: Haha, I would feel lonely and want to find other cats and become friends with them.

G: That's natural. The same is true for us. Without social relationships, not only cats, but also we humans feel lonely and sometimes get sick. And it happens that social relationships are the theme of this month's podcast. So it seems that this is a good time to stop chatting about your cat and start today's exercises.

F: Yeah, I agree.

G: Okay, now...

G/F: Here we go!

## 1 Exercise 1 dialogue

これから流れる男女の対話を聞いて、後の問いに答えてください。これから流れる対話は過去の英検に出題されたリスニング問題の一つです。実際の問題は、対話を聞いてから適切な選択肢を選ぶ形式ですが、ここではちょっと頑張って、ゲーリーの質問に自分の言葉を使って英語で答えてみるようにしてください。いいですか、もう一度言いますよ。対話を聞いた後、ゲーリーの質問に自分の言葉で答えてくださいね。二次試験の面接対策にもなりますし、とても役に立ちますよ。それでは、始めます。

Listen to the dialogue and answer the question that follows. 【2014-3 2nd No.12】

(M=Man / W=Woman)

W: Wow. That song was beautiful. I didn't know you could play the guitar so well.

M: Thanks, Ann. That's the first song I ever wrote.

W: I bet you spent a lot of time taking music lessons when you were younger.

M: No. Actually, I found a guitar in my grandmother's garage. I bought a book on how to play the guitar and learned by practicing every day after school by myself.

Answer the following question in your own words.

Question : How did the man learn to play the guitar?

それでは、語彙と会話の表現について確認をしましょう。

### ■Let's study vocabulary and expressions

Listen to my Japanese and repeat after Gary in English.

- |                  |                          |
|------------------|--------------------------|
| 1. きっと~だと思ふ、確信する | I bet ~                  |
| 2. ~して多くの時間を過ごす  | spend a lot of time ~ing |
| 3. ~することによって     | by ~ing                  |
| 4. ~できるようになる     | learn to ~               |

それでは、少し答え方についてヒントを出しましょう。Questionは“How did the man learn to play the guitar?”です。どうやってギターが弾けるようになったのか、その経緯をたずねているわけですから、この男性が自分で行った行為、つまり、まず本を買ったこと、そして、毎日練習したこと、などが答えの中心となりますね。それでは、この点に注意してもう一度聞いてみましょう。

Listen to the dialogue and answer the question that follows. 【2014-3 2nd No.12】

(M=Man / W=Woman)

W: Wow. That song was beautiful. I didn't know you could play the guitar so well.

M: Thanks, Ann. That's the first song I ever wrote.

W: I bet you spent a lot of time taking music lessons when you were younger.

M: No. Actually, I found a guitar in my grandmother's garage. I bought a book on how to play the guitar and learned by practicing every day after school by myself.

Answer the following question in your own words.

Question : How did the man learn to play the guitar?

### ■Model answer

Listen to the model and compare it with your answer.

Question : How did the man learn to play the guitar?

He bought a book on how to play the guitar and learned by practicing every day by himself.

では少し確認しましょう。先ほどのヒントの通り、“bought a book on how to play the guitar” と “learned by practicing every day by himself” が質問に対する答えの具体内容となります。ガレージでたまたまギターを見つけたことはきっかけにはなったかもしれませんが、“How did he learn to play the guitar?” 「どうしてギターを弾けるようになったのか」を説明することにはなりません。このように、相手の質問に対して簡潔で的確に答えることを意識しながら、モデルアンスターの真似をしてみるのも効果的ですよ。

## 2 Exercise 2 passage

このエクササイズでは、短い文章が読まれた後にゲーリーが一つ質問をしますので、自分が思ったことを自由に答えてください。主語と正しい答え方に注意して、聞かれたことに対してまっすぐ答えてくださいね。

Listen to the passage and answer the questions that follow. 【2014-3-2nd No.18】

Welcome to today's horseback-riding class. Today, we're going to be learning about something you need to do before and after every ride. It is very important to make sure that the horse is in good condition, especially its feet. I'm going to tell you about different types of injuries and how to recognize them. OK, everyone, let's go to the horse barn.

さあ、きちんと聞き取れましたか。それでは、少し語彙と英文の表現を確認しましょう。

Answer the following question in your own words.

Question : What is the main purpose of today's horseback-riding lesson?

### ■Let's study vocabulary and expressions

Listen to my Japanese and repeat after Gary in English.

- |                |                   |
|----------------|-------------------|
| 1. ～であることを確認する | make sure that ～  |
| 2. 良い状態にある     | in good condition |
| 3. けが          | injury            |
| 4. ～を見分ける      | recognize ～       |

質問は “What is the main purpose of today's horseback-riding lesson?” 「今日の乗馬レッスンの主な目的は何ですか。」 という意味ですね。初めの方で、 “Today we are going to learn about something you need to do before and after every ride.” という発言がありますが、これをそのまま答えても、「主な目的」を具体的に答えることにはなりません。この後の具体的な発言内容に注意して、答えの中心となる事柄をつかみましょう。それではこのことも意識して、もう一度聞いて質問に答えてください。

Listen to the passage and answer the questions that follow. 【2014-1 2nd No.25】

Welcome to today's horseback-riding class. Today, we're going to be learning about something you need to do before and after every ride. It is very important to make sure that the horse is in good condition, especially its feet. I'm going to tell you about different types of injuries and how to recognize them. OK, everyone, let's go to the horse barn.

Answer the following question in your own words.

**Question :** What is the main purpose of today's horseback-riding lesson?

#### ■Model answer

Listen to the model and compare it with your answer.

**Question :** What is the main purpose of today's horseback-riding lesson?

The main purpose of the lesson is to learn how to make sure that the horse is in good condition, especially its feet, and how to recognize different types of injuries.

さあ、どうでしたか。自分がその場において実際にインストラクターの話を聞いているような感じで、聴覚だけでなく、視覚も使って想像してみると、「言いたいこと」がはっきりしてくるかもしれません。モデルアンサーを参考にしながら、実際にその場にいる感じを想像してみると、「生きた英語」を学ぶいい練習になりますよ。

## ■ Repetition Drill using the passage

さあ、ここからは、放送された英文について Repetition Drill を行います。repetition は反復でしたね。ポーズの間にゲーリーの英語をできるだけそっくりに真似してみましょう。単語の発音だけでなく、イントネーションや雰囲気も真似してくださいね。

### 1) Repetition Drill

Repeat during each pause. Practice again and again, and you'll surely improve.

Ready? Let's begin.

Welcome to today's horseback-riding class. //

Today, we're going to be learning /  
about something you need to do /  
before and after every ride. //

It is very important to make sure /  
that the horse is in good condition,  
especially its feet. //

I'm going to tell you /  
about different types of injuries /  
and how to recognize them. //

OK, everyone, let's go to the horse barn. //

どうでしたか。上手に真似ができると楽しいですね。さあ、次は『英語ができる人』は必ずと言っていいほど練習するシャドウイングにいきます。私が実際、少しシャドウイングのお手本を示しますね。ゲーリーの後に続いてシャドウイング、つまり、ゲーリーの言葉の影を追うような形で、聞きながらゲーリーの言葉を真似していきます。

### 2) Shadowing Drill 1

While listening, shadow each part.

(G → F)

Welcome to today's horseback-riding class. //

Today, we're going to be learning /  
about something you need to do /  
before and after every ride. //

It is very important to make sure /  
that the horse is in good condition,  
especially its feet. //

I'm going to tell you /  
about different types of injuries /

and how to recognize them. //

OK, everyone, let's go to the horse barn. //

要領はつかめましたね。次は実際に自分で shadowing にチャレンジしてください。shadowing は自分で speaking をするという負荷をかけながら listening をするので、筋トレと同じように「耳トレ」になります。必ず listening の能力が向上しますので、できるまで何度でも繰り返してください。

聞く音声の方を大きくして、自分の声はあまり聞こえないようにすると一層効果が上がりますよ。

## 2) Shadowing Drill 1

While listening, shadow each part.

Ready? Let's begin.

Welcome to today's horseback-riding class. //

Today, we're going to be learning /  
about something you need to do /  
before and after every ride. //

It is very important to make sure /  
that the horse is in good condition,  
especially its feet. //

I'm going to tell you /  
about different types of injuries /  
and how to recognize them. //

OK, everyone, let's go to the horse barn. //

どうですか。できるようになるとすごく楽しいし、やりがいがあるでしょう。次はセンテンスの途中に区切りはありませんよ。各センテンスの間も短いですから、一気にパッセージ全体をシャドウイングできるように頑張ってくださいね。できたらとても達成感が得られますよ。

## 3) Shadowing Drill 2

Shadow the whole passage from the beginning to the end. Practice again and again. It may be much harder, but you will enjoy a feeling of accomplishment, if you can. Ready? Let's begin.

Welcome to today's horseback-riding class. //

Today, we're going to be learning about something you need to do before and after every ride. //

It is very important to make sure that the horse is in good condition, especially its feet. //

I'm going to tell you about different types of injuries and how to recognize them. //

OK, everyone, let's go to the horse barn. //

### 3 Challenge passage & opinion

さて、いよいよ最後のエクササイズ、チャレンジのコーナーです。ここからは一気に英語だけで進めていきますから、しっかり集中してくださいね。

Listen to the passage, and answer Gary's question. 【2014-2 2nd No.24】

Max is a member of an amateur theater group called the Mapleton Players. They recently got a new director, and she has helped the group members to improve their acting. She also has many good ideas for making the plays more interesting. Recently the sizes of the audiences have been growing. Max hopes that, in the future, the group may be able to perform in a larger theater.

Now, Gary is going to make several points about the passage, and then ask you a question. Please answer his question. You should express your opinion as well as you can.

According to the passage, a person named Max is a member of an amateur theater group. As the sizes of the audiences have been growing larger thanks to improvements by their new director, Max hopes the group will be able to play in a larger theater.

Like Max's amateur theater group, most hobbies tend to widen social relationships. It is natural that people want to find others who have something in common with them, especially shared interests such as their hobby. In this case, the size of the audience could lead to a larger theater, which might in turn lead to more members joining the group. This hobby could thus lead Max to progressively wider social relationships.

A recent study, conducted by a research group at Brigham Young University, shows that sociable people may be physically healthier than lonely people. The research group found that people with more than nine acquaintances within the local community were 15% less likely to get the flu than those with fewer than three acquaintances. Although the analysis is still not complete, researchers believe that there might be a connection between the pattern of social behavior and the strength of the immune system (めんえきりょく : 免疫力). It is possible that the immune systems of sociable people might somehow be enhanced by their social activities and relationships.

However, we may also agree with what Henry Rollins, an American songwriter, once said: "Loneliness adds beauty to life. It puts a special burn on sunsets and makes night air smell better."

Now, I would like to ask you a question. Which do you prefer: living with social relationships within the community or living without them? Please explain your answer.



## ■Model

Now, let's listen to Futoshi. He will present a model response.

Listen and compare it with your answer.

I prefer living with social relationships within the community to living without them.

It's true that we may sometimes feel it is bothersome to participate in some social activities, such as cleaning the park, attending community meetings, talking about tiny things with people you happen to see on the way.

However, I think that even though such things may bother you, they also enrich your daily life.

First, even such seemingly tiresome things, if accumulated, can create a foundation for a more unified community and result in higher social security. When neighbors know one another and have a strong social network, it becomes harder for potential criminals to commit a crime in that community.

Second, although we do not think much about natural disasters in our everyday lives, when an earthquake or similar disaster hits us, your acquaintances in your local community may be a more immediate and reliable source of support than your relatives who live far away.

Finally, I'd like to interpret the words of Henry Rollins in my view. He said, "Loneliness adds beauty to life. It puts a special burn on sunsets and makes night air smell better." Yes, that's true. But it's truest when I choose to be alone on my own will. It's less true when I have no choice but to live alone.

How was it? Could you catch what Futoshi said? Did you understand his points?

Okay, now he will explain what he just said. Please listen.

はい、ゲーリーはまず、マックスという人がアマチュアの劇団に参加していて、その観客数が新しい監督の手腕によって増えてきたこと、そして、マックスは劇団がもっと大きな劇場で公演できるようになれるようにしたいと思っていることなど、本文の内容を要約してくれました。

そして、アマチュアの劇団に限らず、趣味というものはたいてい、社会的な人間関係を広げるものとした上で、ある研究について紹介してくれました。

同じ地域の中に10人以上の知り合いがいる人の方が、2人以下の知り合いしかいない人と比べると、インフルエンザの感染率が15%ほど低いというものです。原因は完全に分かっているわけではないものの、社会的な活動によって免疫力が高められる可能性があるとのこと。

その一方で、"Loneliness adds beauty to life. It puts a special burn on sunsets and makes night air smell better."というアメリカ人ソングライターの言葉を引用して、孤独の利点も紹介

してくれました。

その上で、あなたは地域での社会的人間関係を持って暮らす方がいいか、それとも、そうしたことのない生活がいいか、その答えを説明するように求めましたね。

これに対して私は、冒頭で前者を好むという「主張」を明確に提示しました。

そして、「譲歩」として社会的交流の面倒な側面に触れたものの、「積み重なれば」という「合理的条件設定」をした上で、プラスになり得るという「主張」を提示しました。

これを受けて、First ～, Second ～, Finally ～, と三つの「具体的な根拠」を提示し、主張を補強したのが分かりましたか。

このように、冒頭で主張を提示して立場を明確にした上で、「譲歩」→「条件付き主張」→「根拠」、「確かに〇〇だ、しかし、〇〇ならば〇〇だ、なぜなら〇〇だからだ」という論理展開はシンプルで強力な方法ですから、皆さんもぜひ参考にしてくださいね。

ぜひ、英検の公式ウェブサイトからスクリプトをダウンロードして、英文を確認してください。前回までのものと比較すると一層効果的です。

Now, let's listen to Futoshi again. Please listen carefully, and focus on his opinion, and the way in which he expresses it.

I prefer living with social relationships within the community to living without them.

It's true that we may sometimes feel it is bothersome to participate in some social activities, such as cleaning the park, attending community meetings, talking about tiny things with people whom you happen to see on the way.

However, I think that even though such things may bother you, they also enrich your daily life.

First, even such seemingly tiresome things, if accumulated, can create a foundation for a more unified community and result in higher social security. When neighbors know one another and have a strong social network, it becomes harder for potential criminals to commit a crime in that community.

Second, although we do not think much about natural disasters in our everyday lives, when an earthquake or similar disaster hits us, your acquaintances in your local community may be a more immediate and reliable source of support than your relatives who live far away.

Finally, I'd like to interpret the words of Henry Rollins in my view. He said, "Loneliness adds beauty to life. It puts a special burn on sunsets and makes night air smell better." Yes, that's true. But it's truest when I choose to be alone by my own will. It's less true when I have no choice but to live alone.

## ■ Closing Dialogue

G: Once again, Futoshi, you used a well-organized structure to help you present your opinion effectively. This approach will be very useful for our listeners who want to improve their English speaking skills. I strongly recommend that our listeners download the script and study the structure of your response.

F: Thank you, Gary. But, to be honest, I'm not able to totally agree with what I said in the model answer. There seems to be a little difference from my real mind.

G: Really? But your opinion was consistent and persuasive. What exactly did you feel was inconsistent with your true opinion?

F: As I told you before, in the second podcast of this series, I prefer doing weight training by myself and hate being surrounded by unknown people in the sports studio.

G: Yeah, I remember you said that you would rather swim with crocodiles in the river than dance with strangers in the studio. And you also said that you have to do weight training by yourself in order to gain muscle.

F: Yes. "Loneliness adds beauty to life. It puts a special size on muscles and makes more girls come closer."

G: Hmm, your goal seems to popularity among girls, in other words, to have more social relationships. In order to achieve that goal, you may have no choice but to do weight training by yourself. I know what you mean, "Loneliness adds beauty to life." Yes, that's true. But it's truest when you choose to be alone of your own will. It's less true when you have no choice but to train alone.

F: Oh, you got me again!

さあ、今回のレッスンはどうでしたか。後半は少し難しかったかもしれませんね。ぜひ、英検のウェブサイトからスクリプトをダウンロードして復習してください。それから何度も聞き直して、自分でも話せるように練習してみてくださいね。Repetition や Shadowing だけでなく、話す内容の構成を組み立てること、そして相手に伝えること、こうしたトレーニングを続ければ、あなたも必ず『英語ができる人』になります。

ところで今回、セカンドシリーズ第9回目のタイトルは“Social relationships”でした。ネコも人間も他者と何らかの関係を持つことが大切なのかもしれません。たまたま、ネコ語がしゃべれれば、なんて思うことはありませんか。しっかり勉強すればあなたも『ネコ語ができる人』になります、なんてことはないにしても『英語ができる人』にはきっとなれますよ。

Well, then...

See you next time!

<講師陣プロフィール>

**伊藤 太 (Futoshi Ito)**

大手予備校・有名進学塾等で英語講師を務め、東大クラス・医学部コース等を担当。作成した教材から東大・筑波大等の入試長文問題を的中。コーチングを取り入れた研修方法を確立し、数多くの講師・教員の授業力・授業アンケート向上に寄与。現在、多数の私立学校にコンサルタント、アドバイザーとして関わるとともに、ネイティブスピーカーを含む学校教員・予備校講師（100名超）のコーチを務める。

**ゲイリー・スコット・ファイン (Gary Scott Fine)**

オレゴン州ポートランド出身。スタンフォード大学大学院修士課程修了（東アジア研究）、南カリフォルニア大学大学院修士課程修了（映画・テレビ研究）。現在、東海大学外国語教育センター准教授。主な研究テーマはエンターテインメントメディアを通じた第二言語習得。

朝日新聞・土曜版、『ENGLISH JOURNAL』（アルク）、『CNN ENGLISH EXPRESS』（朝日出版社）に映画・ドラマに関わる英語コラムを連載中。NHK 教育テレビ、アルクヒアリングマラソン等多数の番組で出演及びテキスト執筆で活躍。